



## A Year of Many Successes

Wow, What an amazing year for us in the Pro-Life Community! On June 24th, 2022 the monumental Dobbs decision was rendered by the US Supreme Court resulting in the overturning of Roe V. Wade. This decision turned the legality of abortion back over to each individual state. As a result of the ruling, abortion is currently not legal in Wisconsin. We need to pray that this would remain. *What does this mean for pregnancy resource centers?* Women and Men in unplanned pregnancy situations aren't going away..they will need a place of refuge and help more than ever before. Our doors remain open and ready to serve; **client numbers are increasing!**

We are incredibly thankful for the steadfast provision that we have been supplied with this past year. **ROOTED IN THE WELLSPRING** (Eph. 3:17) proved to be a strong theme for 2022. All of you- life affirming advocates, donors, prayer warriors, churches, businesses, and the community at large have really risen to our pleas for help. **THANK YOU! THANKYOU! THANK YOU!**

One of the largest increases in client care we are seeing is the need for spiritual health. Our clients are receiving Jesus Christ as their Savior in many instances. Others are experiencing the tangible love of Christ for the first time in their lives. We are on the front lines every day seeing the real need for our community to find freedom from shame. There has also been an amazing increase of clients in need of inner healing from past abortions and miscarriage recovery. We are currently running 4 group bible studies and numerous one on one sessions. This has been a long time answer to prayer to experience this in our centers.

### What's next you may ask?

One of the most exciting answers to that question would be **FIRST CHOICE PREGNANCY RESOURCE CENTER MARSHFIELD!** Yes, that's correct; we will be opening a *third location* in Marshfield. With a generous donation from an anonymous giver, after much prayer-The board of Directors and I feel the Lord has graciously given us the opportunity to open our doors in Marshfield to be able to serve the needs of the community and surrounding area. Check out our website for ongoing updates as we move in this new direction.

2022 has been a year of breakthrough, challenges, and growth for us here at First Choice PRC. We are grateful for our community partners. We could not keep our doors open to do the life-saving, transformational work we do without you all! As we continue to grow, so do our needs. We continue to rely on donations to keep our rent paid, pay our staff, and meet all other expenses for supplies. **Please continue to give!**

We also have a growing need for volunteer advocates to serve in many capacities. Please contact us if you feel called to serve alongside us in this mission God has placed before us!

As we approach the time to celebrate the greatest birth ever... we at First Choice PRC just want to say "Jesus really is the LIFE that Matters Most" John 3:16 says ***"For God LOVED the world so much that He gave His one and only Son, so that everyone who believes in Him will not perish but have eternal life."*** We pray you have many opportunities now and into the New Year to share this life giving message.

Merry Christmas!

Cindy Brengosz, Executive Director

## BOARD OF DIRECTORS

SANDY MEDIN,  
BOARD CHAIR

TRACEY KUJAWA  
VICE BOARD CHAIR

ANASTASIA SOSNOVSKE,  
SECRETARY

GARY OUDENHAVEN,  
BOARD MEMBER

JOHN OLIG,  
BOARD MEMBER

AUBREE RALPH,  
BOARD MEMBER

NAOMI VANPIETERSOM  
BOARD MEMBER

DR. CHRISTOPHER BENDER,  
MEDICAL DIRECTOR

CINDY BRENGOSZ,  
EXECUTIVE DIRECTOR

# The Living Room Update

The *Living Room* project has been an endless stream of phenomenal opportunities. The renovated living room, bathroom, as well as updated and rearranged childcare and storage areas have breathed new life and possibilities into the Wisconsin Rapids center location.

One of the main uses of the space has been the opportunity to bring women and men through the Bible studies, *Giving God Your Worst* and *Breaking the Shackles of Shame*. **These intensive studies help Christians look at their pasts, recognize how shame has shaped them, and identify how through Jesus Christ they have been redeemed from shame!** The hope is participants will find freedom from bondage that has followed them much of their life... *and then go on to help others find that same freedom!*

Since early 2022, there have been a total of **50 participants of the study, and two completed retreats**. Participants who complete the studies and retreat can have the opportunity to go on to lead future study groups as certified "*Heart Helpers*". We are seeing God move in mighty ways through these studies and through the use of *The Living Room!*

To learn more or to get information about participating in a Bible study, **contact Jen by calling 715-345-0280 or emailing Jen@firstchoiceprc.org**

## A Third Center

If you were at this year's *Banquet of Life* in October (or read the letter from the Executive Director), you heard the exciting news! **God has planted the seed, AND provided the seed money for a third First Choice PRC center location in Marshfield!**

The next step will be to hire and train a *Center Director* for the Marshfield center. The gifted seed money will be used to train and equip this team member to ready them for the work of the ministry. Beyond this, next steps will also include forming a steering committee and creating a vision, connecting and partnering with local donors, and securing a location.

If you are interested in helping this project take shape, know of someone who may be a good fit for the Center Director position, or would like to partner financially, **please contact Cindy Brengosz for more information by emailing cindy@firstchoiceprc.org.**



The second retreat group completing their "Heart Helper" certification

## October 2021 to October 2022

**Client Visits | 1,115**

**A 28% increase in client visits compared to the previous 12 months**

*This is the most appointments ever recorded in a 12 month time span!!*

**Clients | 153**

**Female: 89% Male: 11%**

**HOPE Appointments | 939**

**Over 8,500 diapers provided to Central Wisconsin!**



Cindy Brengosz and Board of Directors receiving \$50,000 anonymous gift



# 2022 Budget Breakdown

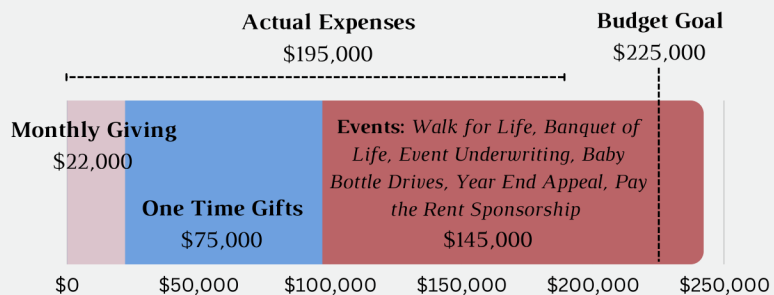
## BREAKING DOWN *HOPE*

*Based on a client who participates in 61 hours, over 15 months of pregnancy and postpartum services*

Pregnancy Test & Consult	-----\$95
Ultrasound & Consult	-----\$116
HOPE Pregnancy (Non-Medical) Classes (24)	-----\$2,250
HOPE Medical Classes (9)	-----\$1,046
HOPE Classes Six Months Postpartum (26)	-----\$2,437
<b>Total Value of FREE Services</b>	----- <b>\$5,944</b>

## 2022 FUNDING

*\*Does not include \$50,000 donation for third center\**



## How to Give This Season

As you consider your year end giving, holiday shopping, and family traditions, here are some ways you and your family can support First Choice PRC:

1. Give the gift of a year end financial gift.
2. Purchasing a new item from our needs list for a First Choice PRC family.
3. Using *Amazon Smile* while shopping Amazon.com and selecting *First Choice Pregnancy Resource Center Inc.* as your beneficiary.
4. Consider your RMD (required minimum distribution) giving to First Choice PRC.



## 2022 Events

The 2022 event season boasted absolutely *incredible results* for the cause of life. Both the Walk for Life and Banquet of Life, had record numbers of attendees, **with over 550 participants in total**. Both fundraisers also *met their outstanding financial goals*, bringing in a cumulative of over **\$60,000** in funding!

## SAVE THE DATES 2023

### Walk for Life

**May 6th, 2023**

Wood County Shelter House,  
Wisconsin Rapids

### Banquet of Life

**October 5th, 2023**

SentryWorld, Stevens Point

## Miscarriage Recovery Program

*It's estimated that as many as 26% of pregnancies end in miscarriage. In light of this startling statistic, First Choice Pregnancy Resource Center offers a miscarriage recovery program of care. So often when women and couples lose a baby, they're left with an emptiness in their womb and a brokenness in their hearts. The lack of answers as to why can be tormenting and perpetuate their pain. Miscarriage Recovery leads them down the path to true healing in Christ and helps them to mourn and respect the life of their little one gone too soon. One woman shared, "The Pregnancy Resource Center has provided great encouragement and biblical wisdom through our darkest time."*

**For more information, call 715-345-0280.**

# Center Needs List

Backpack Style Diaper Bags

Infant/Toddler Books

Infant/Toddler Toys

Baby Carriers

Baby Monitors

Diapers (Size 5 & 6)

Pull Ups (Size 4T & 5T)

Fragrance Free/Sensitive Baby Wipes

Diaper Rash Cream (No Powder)

Girl & Boy Clothing (NB-5T)

Shoes

Cribs

Crib Mattresses

Full Size Strollers

Pack & Plays

No Spill Sippy Cups

Visa Gift Cards (\$10 each)

Kleenex

Cases of Bottled Water

Gallons of Water

Paper Towel

*Please do not donate perishable items or used items. All new items donated are tax deductible.*

Donations can be brought to First Choice PRC during business hours.

WWW.FIRSTCHOICEPRC.ORG | 715-345-0280

